

Here's the highlight of some programs planned, but please note, if there are insufficient registrations, programs may be eliminated or canceled. Find details and registration information on the Recreation, Parks & Facilities Services pages at www.robbinsdalemn.com. Program flyers available at Robbinsdale City Hall or downloaded from city website. Please note, registration deadlines are usually 1-2 weeks prior to the start dates or closes when maximums are reached. Refund policies depend on the program and may require a minimum \$5 refund fee. You can also check our Facebook pages at www.facebook.com/robbinsdalerec for updates. Easy to register online (24/7) at https://webtrac.robbinsdalemn.com. You may also drop off/mail registration at City Hall. Please note: From Nov. 6-9 we will be unable to take registrations due to an upgrading of system at that time.

## Fun for all

### **Robbinsdale Community Gyms & Fitness Center**

RCGFC will reopen in September. At time of printing, the exact date was to be determined based on construction completion. Look for details on the City's website and Recreation Facebook pages. A Grand Re-opening is being planned for late September.

#### **Badminton**

This open gym program welcomes adults & youth in grades 10 and above to drop in, enjoy the sport or improve upon skills. Please bring your own rackets as there are a limited number available for use. Courts are set up for double play.

Indoors: Robbinsdale Community Gyms Mondays, 7-9 pm When: October 2-December 11 Fees: \$5/time at the door

## **Pickleball**

A combination of ping pong, tennis and badminton this is a great sport for all ages and abilities! All equipment provided.

Robbinsdale Community Gyms Indoors: Saturdays, 9 am-12 pm When: \$2/time; \$15 punch pass for 10 visits Fees:

#### **Sanborn Park Ice Rinks**

Sanborn Park's shelter building will be supervised during the winter. Hours will be posted on the City's website after December 1st. Tentatively will open December 26. There are 2 hockey rinks and 1 free skating area.

#### Three Rivers Park District **Programs at Sochacki Park**

As part of the partnership with Three Rivers Park District, these programs are being offered and led by Three Rivers Park District staff at Sochacki Park this fall. Winter programs are also being planned.

#### **Walk When the Moon is Full**

Adapt your senses and explore the natural world at night. Dress for the weather and walking on uneven woodchip trails.

Ages: 6 & Older Youth must be with an adult. "Snake Moon"

When: Thursday, Sept. 7, 7:30-9 pm "Falling Leaf Moon"

When: Friday, Oct. 6, 6:30-8 pm FREE! Reservations recommended.

#### **Birding By Bike**

Bike the trails with a naturalist and stop at bird habitats along the way. Bikes & Helmets

provided or bring your own. Ages: 17 & Older

When: Thursday, Oct. 26, 10 am-12 pm \$5 Register by October 21.

#### **Snowshoeing Basics**

Discover snowshoeing along with searching the park for animal signs & tracks. Equipment provided. Will hike if no snow.

Ages: 8 & Older, Youth must be with an adult. When: Saturday, February 3, 1-3 pm \$5 Register by January 30.

#### www.robbinsdalemn.com

**Special Event Tickets Available** You supply your own transportation, but get the discounted group rate for these events! We'll call when tickets are ready for you to pick up at City Hall. Ages 2 and older will need tickets.

#### Cirque Du Soleil Crystal

World class skating, surreal aesthetics and artistic prowess fuse together in this great show. Must order tickets by September 27! Where: Target Center; Minneapolis When: Saturday, Nov. 11, 3:30 pm \$44 ages 12 & older (Section 109) \$30 ages 2-12

#### Marvel Universe

Marvel fans, assemble for this live, action packed show which unites some Marvel super heroes. Must order tickets by November 21 Where: Xcel Energy Center; St. Paul When: Saturday, December 9; 11 am \$30 (Lower level, Section 107)

#### **Robbin Gallery**

Local nonprofit artists' cooperative gallery brings art to the community while helping artists develop skills. Gallery is located at 4915 42nd Ave. N. Visit their website at RobbinGallery.org for more information on shows and membership or call 763-537-5906.

# **Crystal Community Center**

Thursday, December 7, 7:30-8:30 pm Whiz Bang Ambassadors will greet you at this free concert, with refreshments 7-7:30 pm. Be entertained with traditional band music and holiday favorites. Start the holiday season with great music and a sing-a-long too!

**Kids Garage Sale** 

**Crystal Community Center** 

Saturday, September 30, 8:30 am-12 pm

Kids, 6-15 years old, can rent a table for \$10

to sell their stuff. All ages are welcome to shop

the sale for some great deals for kids! Youth

who wish to rent a table can reserve one

**Robbinsdale City Band** 

Come enjoy a performance or come join the

Band! Great opportunity to share your musical

talents. Band rehearsals and most engagements

are scheduled on Thursdays throughout the year.

For the latest information please check their

Marching Band will perform at Robbinsdale's

**Holiday Band Concert** 

Meet and Greet on Monday, September 18!

online or call us at 763-531-1278.

website: RobbinsdaleCityBand.org.

#### **More Winter Programs and Winter Break Fun**

Plans are being made for more fun activities for the months of December thru March. Check city § website for updates in December. Our next recreation brochure will be mailed late February.

# 55 + Programs

# Friendly Robins Cards & Bunco

Enjoy fellowship, cards & more Where: Robbinsdale Public Safety Building

Community Room When: Wednesdays, 12:30 -3 pm \$1 per meeting; paid at door

## **Friendly Robins Holiday Party**

Celebrate the holiday season with us! Where: Robbinsdale Public Safety Building

Community Room When: Wednesday Dec. 13 to be determined

#### "Monday Bunch"

Come join us on Mondays. Sometimes we assist with small office type jobs; work on crafts, or work on puzzles-but we always have great conversations and lots of fun!

Where: Robbinsdale City Hall, Sixth Corner When: Mondays, 9-11 am Does not meet on Major Holidays.

## **Local Author Series**

Come join us for this "meet the author" program to learn about the experiences of a surgeon during the Civil War from his Great-Great-Great Grandson & author, George Maxwell.

Where: Crystal Community Center When: October, 25, 7:00-8:30 pm Fee: \$3 paid at door

## 55+ Newsletter

If interested in receiving this bi-monthly newsletter with great information on events and programs, fee is \$5 per year to offset cost of mailing, call 763-531-1278 for more details.

#### **Donut Make You Wonder**

Informational talks and continental breakfast. Where: Crystal Community Center Wednesdays, 10-11:30 am When: \$2 /time/at door/ includes Fee:

Sept. 20 SCS HOME program Minnesota Iron Range Oct. 18 Can Do Canines Nov. 15 Planning your Move Jan. 17 The Washington Monument March 21 Recycling Myths & Mysteries... April & May information available soon.

www.robbinsdalemn.com

# ADULT PROGRAMS

# **Baby Boomers & Beyond**

Come join the Friday Fitness Fun! It's never too late to make a positive difference in strength, balance and overall wellness! All levels welcome.

Ages: Adults Where: Robbinsdale Public Safety Building

Community Room Fridays, 9-9:45 am When:

Some Fridays may be skipped due to holidays. \$30 for 5 session punch card Fee:

3x3 Basketball League

1/2 court Basketball; teams guaranteed 10 self

officiated games. Game times may be divided

between 6 and 7 pm. Register by September 20.

Robbinsdale Community Gyms

Starts Sept. 28 (No games 11/23)

Winter league starts in January.

Over 40 Men's Volleyball

Officiated league for Men over 40 in the 2017 or

2018 calendar year. Guaranteed 10 games 4 game matches in the fall; Fall registration

Robbinsdale Community Gyms

Winter league starts in January.

Note: Need to preregister.

18 and older

Thursday Evenings

deadline is September 15 or until filled.

Monday Evenings

\$350 per team

Additional Leagues are offered in:

Brooklyn Center: 763-569-3400

Crystal: 763-531-0052

Starts September 25

Men 40 or older

\$180 per team

Ages:

Where:

When:

Fall:

Fee:

Note:

Ages:

Where:

When:

Fall:

Fee:

Note:

## Pay by the 25th of previous month for \$2 discount! **Jazzercise®**

Soo Bahk Do Martial Arts

Korean & Chinese origin-healthy benefits!

Saturdays, 10:30 am

Crystal Community Center

Mondays & Wednesdays, 7:30 pm

17 & older

\$49/month

Ages:

Where:

When:

Fee:

Note

When:

Have fun while getting in shape! For more information on the different formats/fees and to register check: jazzercise.com. You can also email <u>luannakoehler@gmail.com</u>.

16 years & older Ages:

Robbinsdale Public Safety Building Community Room

Mondays, Wednesdays, Fridays 5:50 pm

Saturdays; 9:00 am Paid at class. Can start any day. Fee:

Calendars available at class. Note:

## Yoga Fusion

For more details and to register: Starts 9/12/17. contact Luanna at <u>luannakoehler@gmail.com</u> or call 763-438-9365.

Ages: 16 years & older Where:

Community Room

Tuesdays, 9:30-10:30 am When: Fee:

**Birdtown Artists-Open Studio** 

Network and share tips & techniques on using different mediums with fellow artists! Bring your

Ages: 16 years & older

Where: Robbinsdale Public Safety Building,

Community Room

Tuesdays, 7-9 pm, September – May

Fee:

## **Movie Discussion Series**

Enjoy watching and discussing movies! For more information please call 763-531-1272 or check the city website.

Where: Robbinsdale Public Safety Building

Community Room When: Thursdays, 1:00 pm Patch Adams Sept. 7

Fried Green Tomatoes Sept. 21 Sunset Boulevard Oct. 5 Oct. 19 Secondhand Lions Nov. 2 The Iron Lady Nov 16 Radio

Note: Dec.-Aug. dates to be determined. Fee: \$1 for Refreshments

#### **Book Discussion Group** Join us for a monthly discussion of some great

books. Join the Club for an annual fee or pay each time. First time attending is free! Where: Robbinsdale City Hall, 6th Corner When: First Tuesdays,1-2:30 pm

Sept 5: Lori Spangler, Guest Author Miles of Memories: One Woman's Journey to All 50 States

Fee: \$10/year or \$2/time

## "The Roving Minds"

Inquiring group gathers to discuss various topics. Always stimulating and fun. Theme for the year will be decided in September. Your first time attending is free! Where: Robbinsdale City Hall, 6th Corner When: 3rd Tuesdays, Sept.-May, 1-3 pm Fee: \$10/year or \$2/time

## WaterMedia for Everyone!

All levels and interest are welcome.

Ages: Adults

Where: Robbinsdale Public Safety Building,

Community Room When: Mondays, 1-4 pm

Fee: \$7 per time, payable to instructor Does not meet on major Holidays.

# **Fall Colors Paint on Canvas**

Be inspired by the fall splendor at Bassett Creek Park and create your own masterpiece. All supplies included. Register by September 28

Ages: 16 & older Where: Bassett Creek Park, Crystal When: Saturday, October 7, 1-4 pm

Fee:

## String Art

It's trending again! Work with wood, nails and strings to create your special image. Please bring your own hammer, all other supplies included. Register by October 26.

Ages: 16 & older

Where: Crystal Community Center When: Saturday, November 4, 10 am-12 pm \$42 Fee:

#### **CPR/AED Training** Learn skills to respond to breathing & cardiac

emergencies. Adult CPR is for victims 12 & older. Pediatric CPR is for victims under 12. Where: New Hope City Hall Saturday, October 14

9 am-12 pm

1-4:30 pm

Adult CPR/AED Pediatric CPR/AED Saturday, November 11

Adult CPR/AED 9 am-12 pm Pediatric CPR/AED 1-4:30 pm

\$57/class Fee:

## **Robbinsdale Historical Society**

Visit our local Historical Museum, buy one of their books or become a member! Meetings are held on the 4th Tuesdays of March, April, May Sept., Oct. & Nov. in the Robbinsdale Historical Library, 4915 42<sup>nd</sup> Ave. N, the Historical Museum is located in same building. You may purchase one of their books at City Hall or the Museum. Check website: robbinsdalehistoricalsociety.org

# Maple Grove: 763-494-6511 **Diggers Garden Club**

"Network" with other gardeners. Meets 7:00 pm on the 3rd Wed. September-May. For more information: http://www.robbinsdalediggers.com/

A twist on a traditional Yoga or Pilates class.

Robbinsdale Public Safety Building,

Paid at class. Can start any Tuesday.

own supplies and join us!

### Family Soo Bahk Do Martial Arts

Learn this Korean & Chinese martial arts program as a family! Who: Parents and youth Where: Crystal Community Center

When: Saturdays,

\$50/Month-paid by first of the month

#### RevSports Pre-School

Fun, positive sports experience with your child. Flag Football at Robbinsdale Middle School

Ages: 4-6 with parent When: Sundays, 3:30-4:15 pm Sept. 10-Oct. 15

Soccer at Robbinsdale Community Gyms

Ages: 3-5 years & Parent When: Sundays, 2:45-3:30 pm Oct. 29-Dec. 10 (No class 11/26) Fall January 7-February 11 February 18-March 25

W-2 Fee: \$59/session

## **Story Time!**

Ages 2-5 with parent Mondays, 6:15-7 pm **Crystal Community Center** 

## Oct. 23 Wanda the Wacky Witch & More

Wear your costume and join the celebration hosted by Wanda. Story time and fun activities!

### Dec. 4 Elf on the Shelf & More

Kick of the holiday season with a visit from Sprinkles the Elf. After the story, there will more activities and a cookie. Bring your own elf!

\$17/child/session Fee:

#### **Princess Ball**

Enchanted time with Once Upon a Star's Elsa, Belle, Rapunzel & Moana. Enjoy some dancing,

snacks and making a craft.

Ages: Girls, Ages 3-8 with their Dad or Uncle Where: Crystal Community Center When: Friday, November 3, 6:30-8 pm

\$29 per adult/child pair

#### **Dino Discovery**

It's a playdate with dinosaurs! Parent & child will create a "prehistoric" diorama that includes a toy dinosaur!

Ages: 1.5-6 years with an adult Where: Davis Community Center, Golden Valley

When: Monday, October 2, 6-7 pm

#### **Family Ornament Making** With Merry Time Arts

Create unique and creative ornaments to hang on your tree or give as gifts. Families (up to 4 members) will have the opportunity to create up to 4 clay ornaments. Youth must be in attendance with an adult.

Who: Families Where: Crystal Community Center When: Saturday, December 9, 9-11 am

\$28/family

## **Parent/Child Paint on Canvas** With Merry Time Arts

Special parent/child painting classes! Enjoy special treats while painting. No experience necessary-step-by-step instruction and a 16 x 20 canvas and all other supplies included!

Ages: 6-14 years with an adult Where: Crystal Community Center Fee: \$48/pair per session

#### **Spooktacular Painting**

Have some spooktacular fun creating your own spooky scene right out of a story book. When: Friday, October 13; 6:30-8:30 pm

#### **Happy Holidays**

Enjoy an afternoon creating your own snowy holiday scene, singularly or combined. When: Saturday, December 2; 2-4 pm

## YOUTH PROGRAMS

## **Little Tigers**

Basic self defense & martial arts skills, along with developing coordination and flexibility

Ages: 3-5 years Where: New Hope Ice Arena When: Fridays, 10-10:30 am Sept. 8-Oct. 13

Fee: \$50

## **Tiny Tots Soo Bahk Do**

Age appropriate instruction and development skills for this martial arts program taught in a

supportive environment. Ages: 4-6 years

Where: Crystal Community Center When: Mondays, 5:15-6 pm

\$24/Month-paid by first of the month Pay by the 25th of previous month for \$22!

#### Soo Bahk Do Martial Arts

Korean & Chinese origin-great benefits!

Ages: 7-16 years

Where: Crystal Community Center When: Mondays & Wednesdays

6-6:45 pm Beg: 6:45-7:30 pm Adv:

Ages: 7-13 years

Ages: 7-11 years

Ages: 5-10 years

\$29

Ages: 9-14

Fee: \$14

Fee: \$36

Ages: 8-13

\$36

Fee: \$25

Fee:

\$39/Month-paid by first of the month Pay by the 25th of previous month for \$37!

Fall School Release Days

**Conquer Ninja Warrior Trip** 

Get a real Ninja Warrior Experience on this

fun filled trip to Conquer Ninja Warrior. Youth

will challenge themselves in conquer the ninja

obstacles. Lunch included. Bus picks up and

**MEA Battling Robo Botz** 

With help from Science Explorers build a robot

Where: New Hope Ice Arena, Community Room

**Trolls Extravaganza** 

Calling all Troll fans, join us for this musical

spectacular of stories, face painting and more!

**Geocaching for S'mores** 

You'll learn basics of GPS and then off to find

all the supplies to make and enjoy S'mores!

Jr. Engineering

Using Lego bricks, you'll build and experiment

with different wheeled & geared contraptions.

When: Wednesday, Nov. 22, 9 am-12 pm

**Ultimate Game Coding** 

Make your own 2D arcade style video game

to play and share. Register by November 14.

Must have minimum registrations by 10/16.

Where: French Regional Park

When: Tuesday, Nov. 7, 1-3 pm

Where: Crystal Community Center

Where: Crystal Community Center

When: Wednesday, Nov. 22, 1-4 pm

& then with a team battle for "Best Bot."

When: Friday, Oct. 20, 9 am-12 pm

Where: Crystal Community Center

When: Tuesday, Nov. 7, 10 am-12 pm

returns to Crystal Community Center.

When: Thursday, Oct. 19, 9 am-1:15 pm

# **RevSports Flag Football**

Fun, positive experience learning how to play!

Currently taking registration! Ages: 6-8 years

Where: Robbinsdale Middle School Turf Field

When: Sundays, Sept. 10-Oct. 15 Time: 4:15-5:15 pm

\$65 Fee:

#### **Revolutionary Sports**

age appropriate, fun, positive experience for youth learning how to play a new sport. Registration deadlines are 2 weeks before the first class.

#### RevSports Volleyball

Mondays, Sept. 11-Oct. 16 Mondays, Oct. 23-Nov. 27 Ages: 6-8 years; 4:30-5:15 pm Ages: 8-11 years; 5:15-6:00 pm Where: Robbinsdale Community Gym Winter Saturdays, Feb. 10-March 17 Ages: 6-8 years; 3:30-4:15 pm

W-1: January 7-February 11 W-2: February 18-March 25 Ages: 5-7 years; 3:30-4:15 pm Ages: 8-11 years; 4:15-5:00 pm

All levels are welcome; advance your skills with individualized instruction. All equipment provided or bring your own bow.

When: Tuesdays, 6-7:30 pm F-1: October 3-24

Fee:

## Fencing with Youth Enrichment League

When: Thursdays, 7:40-8:40 pm Oct. 12-November 30

Fee: \$75

Learn the fundamentals of many different sports along with hand-eye coordination, gross motor skills and cognitive development. Register at least 1 week prior to session!

Ages: 3-5 years

Where: Crystal Community Center

Ses 1: 5:30-6:15 pm Ses 2: 6:30-7:15 pm

Where: Crystal Community Center When: Thurs, Oct. 26-Nov. 30 No class 11/23

Ses 3: 5:30-6:15 pm Ses 4: 6:30-7:15 pm

When: Mondays, Oct. 30-Nov. 20 Ses 5: 5:45-6:30 pm

\$50/ 5 wk sessions 1-4

This program offers athletic instruction as an

Fee: \$59/sport/session

Where: Crystal Community Center Ages: 9-12 years; 4:15-5:00 pm

## **RevSports Soccer**

Where: Robbinsdale Community Gym When: Sundays, see ages and times Fall: Oct. 29-Dec. 10 (No class 11/26)

## **Archery** with Orion Archery

Ages: 8-15 years

Where: Robbinsdale Community Gym

F-2: November 7-28

Winter sessions will start in January!

Fundamentals with an emphasis on skill building, concentration, self discipline and fun. All equipment is provided.

Youth: 2nd-8th Graders

Where: Crystal Community Center Gym No classes on 10/19 & 11/23

# **Amazing Athletes**

When: Thursdays, Sept. 21-Oct. 19

Where: Davis Community Center

Ses 6: 6:45-7:30 pm

\$40/ 4 wk session 5 & 6 Winter sessions will start in January!

# **Junior Basketball**

Introductory program teaching the basics while building upon players' skills. Each participant will receive a shirt.

Register by January 22. Ages: 5-7 years

Where: Robbinsdale Community Center Gym When: Sundays, January 28-March 4

Ses 1: 12:30-1:30 pm Ses 2: 1:45-2:45 pm Fee: \$40

## 2-7 Grade Youth Basketball

Recreational leagues with Crystal, Golden Valley and St. Louis Park. Teams may be combined with other cities in order to have enough players per team. Register deadline is December 15 or when teams are full.

Divisions offered are: Boys: 2nd Grade, 3rd Grade, 4-5th Grades and 6-7th Grades Girls: 2-3rd Grades and 4-6th Grades Where: Various Gym Locations When: Practices held weekday evenings

Games held on Saturdays January 20-March 10

Fee: \$60

## **Volunteer Coaches Needed**

Volunteer coaches are needed to run a successful youth basketball program. Training available and parent volunteers are eligible to receive a reimbursement for one of their participating child's registration fees at the end of the season. For more information and/or an application, call 763-531-1272.

## **Pickleball Instruction**

Learn a combination of hand-eye coordination and mental focus to improve and develop fundamentals of pickleball. Focus on awareness and character both on and off the court through team skill-building activities. Register by September 29.

Ages: 8-14 years

Where: Robbinsdale Community Gym When: Tuesdays, Oct. 3-Nov. 14 (skip 10/31)

6:00-7:00 pm Fee:

## **Rink Rat-Pond Hockey**

Outdoor recreational league using pond hockey goals & no goalies! Mixture of practices and games. All levels of abilities welcome! Must supply own equipment. Teams created each time. Meets both Fridays and Sundays each week. Feb. 16 is a "make-up" time if needed. Volunteer assistants welcome. Minimum registration needed by Dec. 31.

Ages: 10-14

When: Sundays & Fridays, No program 2/4. January 7-February 11

Where: *Fridays*, 6:30-7:45 pm North Wesley Park, Golden Valley Sundays, 4:30-5:45 pm Sanborn Park, Robbinsdale

Fee:

## **Youth Sports Associations**

There are many associations that offer youth sports to residents. For more information on these associations, you can find their links at the Community Partners page on our website.

For updates and more program information throughout the year please check the City's website: www.robbinsdalemn.com and Facebook pages!

## **ARC When I'm In Charge**

Safety issues relating to youth staying on their own alone at home. Handbook included in the fee. Register at least 1 week prior to start.

Ages: 8 years & older Where: New Hope City Hall When: Mondays, 5:30-8:30 pm September 25 F-1 F-2: November 13 \$54/session Fee:

More sessions will be available in Winter/Spring.

### **ARC Babysitting Training**

Learn the basic skills every babysitter needs to know, along with first aid and CPR. Participants provide own lunch & snack. Register at least 1

week prior to start. Ages: 11-15 years Where: New Hope City Hall When: Saturdays, 8 am-6 pm September 30 F-1: October 28

Where: Brookview Community Center Golden Valley Tuesday, January 2, 8 am-6 pm More options will be available after February 1.

Fee: \$105/session

More sessions will be available in Winter/Spring

#### Don't Bug Me! With Kidcreate Studio

Preschoolers will learn cool bug facts while creating their very own bug filled snow globe.

Ages: 3-6 years

Where: Davis Community Center, Golden Valley When: Monday, September 25, 6:15-7:45 pm \$18

**Shopkins Cute** 

#### With Kidcreate Studio Create your own cute collectables and clay "treats" like Lolli Poppins & Berry Smoothie.

Bring a peanut free snack & drink to enjoy. Ages: 5-9 years Where: Davis Community Center, Golden Valley

When: Monday, October 9, 6-8 pm Fee: \$27

## **Magical Magnets** with Science Explorers

Have fun Investigate this fascinating, invisible force using a variety of magnets. Explore attraction, magnetic poles, repulsion and more.

Register by 9/11. Ages: 3 1/2 -6 years

\$13

Fee:

Where: Science Explorers in Popps.com building 620 Mendelssohn Ave. N, Golden Valley When: Thursday, Sept. 21, 9:30-11:00 am

African Safari

# with Science Explorers

Discover the wonders of Africa on an imaginary safari as we explore how the scene changes throughout the day and night . Register by 9/28. Ages: 3 1/2 –6 years

Where: Science Explorers in Popps.com building 620 Mendelssohn Ave. N, Golden Valley Thursdays, 9:30-11:00 am When:

Oct. 12-Nov. 2 (No class on 10/19) \$39 Fee:

## **Exploring Light & Sound** with Science Explorers

Use colored filters, prisms and more to learn where light comes from and how it travels.

Ages: 3 1/2 –6 years

Register by 11/9.

Where: Science Explorers in Popps.com building 620 Mendelssohn Ave. N, Golden Valley Thursdays, 9:30-11:00 am

Nov. 16-Dec. 14 (No class on 11/23) Fee: