

ROBBINSDALE COMMUNITY GYMS & FITNESS CENTER

(RCGFC) 3730 Toledo Avenue North, Robbinsdale Enter Door #18 763-442-1678

MAY HOURS

Weekday Hours:

Mondays-Fridays 5:30 pm to 10:00 pm
 May 30 (Memorial Day) CLOSED

Weekend Hours:

Saturdays (Thru 5/20) 8:30 am to 5:00 pm
 Saturdays (Starting 5/27) 8:30 am to 1:00 pm
 Sundays CLOSED

DAILY FEES (For discounts, please see Punch Pass & Membership rates!)

Youth-17 & younger	\$4.00
Adults-18-54	\$5.00
Adults-55 & older	\$4.00
Table Tennis	\$10.00
Pickleball	\$2.00

MEMBERSHIPS:

	3 months	6 months	9 months	1 Year
Resident				
Family	\$150.00	\$250.00	\$350.00	\$425.00
Individual	\$100.00	\$170.00	\$230.00	\$290.00
Non Resident				
Family	\$175.00	\$280.00	\$390.00	\$475.00
Individual	\$115.00	\$190.00	\$260.00	\$325.00

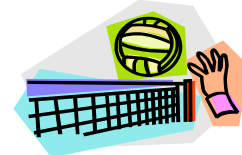
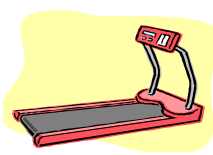
Adults 55 & older receive 10% discount on memberships
 Corporate Rates are also available. Call 763-531-1272.
 Resident rate applies to Robbinsdale & Crystal residents.

PUNCH CARD RATES (10 Daily uses):

	RESIDENT	NONRESIDENT
Youth-17 & younger	\$30.00	\$35.00
Adults-18-54	\$35.00	\$45.00
Adults-55 & older	\$30.00	\$35.00
Pickleball only	\$15.00	\$15.00

FITNESS CENTER

All Youth under 9 must be supervised by an adult at all times. Variety of cardio and strength training equipment and machines, including free weights, is available.



COMMUNITY GYM INFORMATION

Open Gyms: Full or 1/2 Court Play as listed
Teen Night: Specific time for 13-17 year olds
Rentals: Call 763-531-1272 for more details.

Pickleball: Open for all ages and levels!
Open Volleyball: Different levels of play offered.
Table Tennis: Play & Leagues offered with MN Table Tennis
Jazzercise: Registration and payment made on-site with Jazzercise.

Gym schedule subject to change.

Times	Days	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
5:30-7:00 pm	SE	1/2 Court Play or Rentals	Table Tennis	Open Volleyball	1/2 Court Play or Rentals	Teen Night: 1/2 Court Play Only
5:30-7:00 pm	SW	Jazzercise	Archery (ends May 2)	Jazzercise (5:50-6:50 pm)	Programs or Rentals	Jazzercise (5:50-6:50 pm)
7:00-9:00 pm	SE	1/2 Court Play or Rentals	Table Tennis	Open Volleyball	1/2 Court Play or Rentals	Teen Night 1/2 Court Play Only
7:00-9:00 pm	SW	1/2 Court Play or Rentals	Rentals after Archery	Open Volleyball	Open Indoor Soccer (starting at 7:30)	Open Basketball 1/2 Court Play Only
9:00-10:00 pm	SE	1/2 Court Play or Rentals	Table Tennis	Open Volleyball	1/2 Court Play or Rentals	Teen Night 1/2 Court Play Only
9:00-10:00 pm	SW	1/2 Court Play or Rentals	Programs or Rentals	Open Volleyball	Open Indoor Soccer	Open Basketball 1/2 Court Play Only

SATURDAY SCHEDULE

	South East		South West
8:30 am-12:00 pm	Pickleball	8:30 am-12:00 pm	Pickleball
12:00-3:00 pm	1/2 Court Play or Rentals	12:00-3:00 pm	1/2 Court Play or Rentals
3:00-5:00 pm	Programs or Rentals	3:00-5:00 pm	1/2 Court Play or Rentals

SUNDAYS: CLOSED